



## Lining Up Letters - SEW Over-It

### This download contains the following:

- Design files and instructions for the letters *SEW* (and the word *OVER-IT*), in the following formats: .ART, .DST, .EXP, .HUS, .JEF, .PES, .VIP, .VP3.
- Easy to follow, step-by-step instructions for Pillow.  
**YOU NOT NOT NEED TO MAKE PILLOW! You can stitch the letters out on whatever you want - the same instructions will apply.**
- **A 5" X 7" HOOP OR LARGER IS REQUIRED.**
- *This pattern is NOT designed for the type of applique where you cut away the extra fabric. The templates are the actual applique size and after cutting out the pieces, you will place the pieces within stitched-out placement lines. HOWEVER: YOU MAY STILL USE THE CUTAWAY METHOD. If you are going to use the cutaway method for your applique, you will have to repeat the placement line after you place your fabric down and before you cut your fabric away. I do not include a second placement line or a tack down stitch in my designs.*

### Fabric and Other Materials for Pillow:

- Pre-cut applique - the templates and cutting files for these letters are also included in pattern. I use pre-cut applique.
- 13" x 17" background fabric for pillow front / 14" x 18" background fabric for pillow front (*if quilting beforehand*)
- 14" x 18" batting for pillow front (*if quilting beforehand*)
- 16" x 20" muslin fabric for pillow front (*if quilting beforehand*)
- Two 7" x 17" pieces of fabric for top and bottom of zippered back (I like to use two different fabrics.)
- One 3½" x 17" piece of fabric for zipper flap and two 1½" x 4" pieces for tabs. (I like to use a third fabric.)
- 2 yards of fusible interfacing (Pellon SF101, also called Shape-flex)
- Medium-weight tear-away stabilizer for embroidery
- 20" - 22" Zipper
- 12" x 16" Pillow form
- 2-yard piece of Jumbo 1 3/8" rick rack (optional)
- Coordinating threads for embroidery
- Erasable or water soluble pen

## STEP-BY-STEP INSTRUCTIONS FOR LARGE PILLOWS

### Pillow Front :

1. The fabric for the *SEW* pillow was pre-quilted. To pre-quilt your fabric, make a quilt sandwich with a 14" x 18" rectangle of background fabric layered on top of a 14" x 18" rectangle of batting and a 16" x 20" rectangle of muslin. Use 505 between the layers to hold the sandwich together. Using a walking foot, straight-line quilt the fabric vertically with lines 1/4" to 1/3" apart. The walking foot is important because it evenly feeds layers of fabric and batting through the machine while quilting. The foot grips onto the top layer of fabric and helps move it under the needle at the same pace that the machine's feed dogs are moving the bottom layer of fabric.
2. If you are going to quilt your pillow front afterwards OR not quilt it at all, cut your background fabric 13" x 17". Also, cut one 13" x 17" piece of fusible interfacing (Pellon SF101, also called Shape-flex).
3. Fuse fusible interfacing to the wrong side of the background fabric following manufacturer's instructions. The interfacing will add extra support to the fabric so that the embroidery stitching does not pucker or distort the fabric. It also gives the finished pillow "body."
4. Using either an erasable or water soluble pen, draw a vertical center line and a horizontal center line in the center of the background fabric. Next, draw a line 1" below the horizontal center line. This will be the line you use as the base line for lining up your letters.

Lastly, draw a second line 1 1/4" below that line you just drew as a base line for letters. This will be the line you use to line up the bottom of OVER IT. Remember, every embroidery machine is different. You will have to use your own method to line this up. I will be showing you how I do it on my machine.

5. Once the embroidery is finished, you are ready to trim your background fabric down to a 12 1/2" x 16 1/2" and proceed to the ZipperedPillowBacks PDF.

