

# Walking Foot Valentine Play Day Supply List

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Remember the fun of gathering doilies, colored paper, scissors, markers and glue to make Valentines? Experience the same joy of Valentine-making, this time with ingredients of fabric, batting and thread, using your sewing machine with a walking foot, dual feed, or even a regular sewing foot. You will learn a variety of ways to quilt a heart, and then use your hearts to make mug rugs that are perfect Valentines. Trimming the extra batting around the heart makes the heart three-dimensional, an extra-special touch known as trapunto. The designs and techniques used in class are also applicable to larger quilts, so you should leave with some completed Valentines and with ideas that you can use for quilting your next quilt.

## TOOLS

- Sewing machine in good working order, with bobbins, cord, foot pedal and manual
  - Be sure that you know how to operate your machine, as the class will focus on the project rather than on machine operation.
  - If you have a walking foot or even feed foot, plan to use it. A dual feed foot is also fine. For these small projects, a regular sewing machine foot will be fine if you don't have a walking foot.
- Basic sewing supplies (pins, machine needles, bobbins, seam ripper, scissors, tape measure, etc.)
- Rotary cutter with a sharp blade
- Rotary cutting mat
- Quilters' rulers: You will need a ruler at least 12" long. If you have a 6"-12" square ruler, it will be useful.
- Fabric marker: Frixion pen (which disappears from most fabrics with heat) or a blue washaway marker. Be sure the marker shows up on your fabric.
- Point turner, such as a chopstick, bone folder or other object with a rounded point
- Fabric scissors and scissors for cutting paper
- Iron and ironing board
- Optional helpful tools: Small, sharp-pointed scissors and Wonder clips, freezer paper

## SUPPLIES

- **Fabric:** two or three coordinating fat quarters (or ¼ yard cuts of fabric) – or at least 8-10 coordinating pieces of fabric at least 8" square.
  - One fat quarter or several of the fabric pieces should be light colored solids (such as white or light pink)
  - Since the fabrics are for valentines, you may want to use colors such as pink, white and red.
- **Batting:** at least ½ yard (18" x 40") OR scraps of batting. You will want enough to cut at least 3 pieces 9" square and 6 pieces 5" square.
  - Cotton batting such as Quilters Dream, Warm and Natural or Warm and White will work well. An 80% cotton/20% polyester batting would also be a good choice.
  - If your fabrics are white or have a white background, I suggest using white batting. (Offwhite batting may tend to make the white fabric appear offwhite.)
- **Thread:**
  - Thread that coordinates with your fabrics, for constructing the mug rug (such as 50-weight)
  - For quilting, I suggest using a 40-weight polyester (such as Isacord) or cotton thread in a color that is several shades DARKER than your solid color fabric. The thread can be a darker shade of the same color as the fabric, or it could be a different color of thread. One spool or cone is adequate for class. However, this is a great time to experiment with threads so feel free to use a variety of threads (different weights, colors, variegated thread) if you have them.
- **Index cards or cardstock:** several 5" x 7" index cards and/or several sheets of cardstock. .

If you have questions about the supplies, email [carolquilts123@gmail.com](mailto:carolquilts123@gmail.com)

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